

Ebatyle 10 Tablet

Ebastine (10 mg) Tablet

Composition:

Each tablet contains:

- Ebastine: 10 mg

Pharmacological Class:

- Antihistamine (Second-Generation H1-Receptor Antagonist)

Indications:

Ebastine is used for the relief of allergic conditions, including:

- Seasonal Allergic Rhinitis (Hay fever)
- Perennial Allergic Rhinitis
- Chronic Idiopathic Urticaria (hives)
- Other allergic conditions mediated by histamine

Mechanism of Action:

Ebastine is a selective H1-receptor antagonist that blocks histamine's effects in allergic reactions. It alleviates symptoms such as sneezing, nasal congestion, itching, and skin rashes. As a second-generation antihistamine, it has minimal sedative effects compared to first-generation agents.

Dosage and Administration:

- Adults and children over 12 years:
 - Allergic rhinitis: 10 mg once daily.
 - Chronic urticaria: 10 mg once daily, or as prescribed by a physician.
- Children (6–12 years): Dose adjustment may be required; consult a healthcare provider.
- Take the tablet orally with water, with or without food.

Contraindications:

- Hypersensitivity to Ebastine or any ingredients in the formulation.
- Severe liver impairment.

Warnings and Precautions:

- **Hepatic Impairment:** Caution is advised in patients with mild to moderate liver dysfunction.
- **Cardiac Effects:** In rare cases, Ebastine may prolong the QT interval; use with caution in patients with a history of arrhythmias or concurrent use of QT-prolonging medications.
- **Renal Impairment:** Dose adjustment may be necessary for patients with severe kidney dysfunction.
- **Pregnancy and Breastfeeding:**
 - **Pregnancy Category B:** Should only be used if the potential benefit outweighs the risks.
 - **Breastfeeding:** Not recommended, as it is unclear if Ebastine is excreted in breast milk.

Side Effects:

Common side effects:

- Headache
- Dry mouth
- Mild drowsiness or fatigue

Rare but serious side effects:

- Allergic reactions (rash, itching, swelling)
- Dizziness or fainting (potential cardiac concerns)

Drug Interactions:

- **Macrolide antibiotics (e.g., erythromycin) and azole antifungals (e.g., ketoconazole):** May increase the risk of QT prolongation.
- **CYP3A4 inhibitors (e.g., ritonavir):** May elevate plasma levels of Ebastine.

- **Alcohol:** Although Ebastine has minimal sedative effects, alcohol may enhance drowsiness.

Storage:

- Store below 25°C in a dry place, away from light and moisture.
- Keep out of reach of children.

Packaging:

Available in blister packs containing 10 or 20 tablets.

Manufacturer:

- [Manufacturer Name]

Note:

Always take this medication as directed by your healthcare provider. If you experience unusual symptoms or severe side effects, seek medical advice promptly. Avoid driving or operating heavy machinery if drowsiness occurs.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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